



MEDIA RELEASE

Filming/photo opps: Thurs 21st Aug 08, 10am-4pm at the Diggin It! Project, Stoke.

CHILDREN IN PLYMOUTH ARE SET TO FIND OUT HOW THE SIGHT OF VEGETABLES CAN BE MUSIC TO THEIR EARS ...

Plymouth Music Zone is gathering budding musicians to take outdoors to an organic community garden to use nature and vegetables as inspiration for an all day songwriting project.

"Growing Grooves" is a unique partnership between PMZ and the Diggin It! Project. The two partners decided to work together after first meeting last year at an award ceremony where the two community projects were each nominated for the Social Enterprise of the Year Award in the Herald Business Awards.

PMZ's Development Director, Debbie Geraghty, says,

"PMZ and the Diggin It! Project are both huge fans of each other and share the same commitment to working with those vulnerable children and young people in the city who can sometimes fall through the net. We were really excited at the prospect of somehow mixing gardening and music which we both feel are enormously therapeutic for children. You can achieve so much more when you work together and it's the children who benefit. I just hope we won't be singing in the rain!"

Around 20 children have their green fingers crossed for good weather and will be working with two Music Leaders and Diggin It! staff to compose with courgettes while searching for the lyricism in lettuce and everywhere else to try and come up with something that blossoms into successful songs.

Diggin It! Project Leader, Jeany Robinson, says,

"I'm sure they'll find plenty of things to be inspired by in our organic garden. As well as the obvious beauty and smells of mother nature and everything we've been growing here, there are also bee hives, a pond and a real live Compost Toilet which always gets the children thinking! The important thing is it can open their minds to new possibilities and that helps them to be more creative."

"Growing Grooves" is part of PMZ's Summer Sounds programme. In the event of bad weather the activity will take place indoors instead at Welcome Hall in Devonport. For more information and to confirm filming opportunities please contact Glyn Fuge or Karl Meyer at PMZ on 01752 213690.

-ENDS

See below for Notes to Editors

Plymouth Music Zone Ltd

Raglan Road, Devonport, Plymouth, PL1 4NQ

T - 01752 213690 F - 01752 509888 E - info@plymouthmusiczone.org.uk W - www.plymouthmusiczone.org.uk

Company Number - 4653409

Registered Charity Number - 1100878



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plymouth music zone
MUSIC MAKING A DIFFERENCE

Notes to Editors

Please contact Plymouth Music Zone for permission for filming on 01752 213690

DATE: Thursday 21 August 2008

TIME: 10am-4pm

LOCATION:

Diggin' It Project
Penlee Valley Allotments
Top of Raynham Road
Stoke
Plymouth
PL3 4EU

www.digginit.org.uk

Jeany Robinson

Diggin It! Project Leader

Tel: 01752 300250

Mob: 07917 421 736.

jrobinson@routeways.org.uk

Diggin it! is an **organic gardening project** in Plymouth run by the Routeways Centre Ltd, a Plymouth charity. It is a community garden growing and selling vegetables, fruit, herbs and flowers, on unused allotment land that has been made available by Plymouth City Council.



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