



MEDIA RELEASE: **FILMING OPPORTUNITY:** rehearsals FRI 26th Oct 2007, 11.30-1300 or 1400-1600, Goschen Centre, Saltash Road, Plymouth PL2 2DP

EVENT DATE: SAT 27th October 2007, at 1800 – 2000, Roland Levinsky Theatre, Plymouth University

60 young musicians and dancers leap into action as acclaimed project goes region wide promising much more than men in tights...

Hot on the heels of last year's hugely successful **LEAPS AND SOUNDS** project, Plymouth Music Zone and Dance South West are reaching new heights building on their phenomenal partnership of music and dance.

Leaps and Sounds is a groundbreaking choreographic and compositional partnership aimed at providing young dancers and musicians with the opportunity to creatively exchange ideas and come up with an original performance from scratch in only a few days.

To mark 'Youth Music Week', this year the project expands beyond Plymouth to include Cornwall Youth Music Action Zone (CYMAZ) and ReMix (Bristol Youth Music Action Zone). Each of the groups is led by four Young Leaders, with the support of a professional musician and choreographer. The young people themselves then lead a week of creative workshops starting on Mon 22nd October.

Speaking about what to expect, Plymouth Music Zone's Karl Meyer says:

"Last year the young musicians and dancers who took part in the performance completely blew us away! You never know what you are going to get because the compositions unfold over the course of a week. You can be sure this year it can only be more moving, exciting, imaginative and mind blowing! Expect standing ovations!"

After a week of devising, the young people from all over the South West will have their work premiered in the stunning Roland Levinsky building at the University of Plymouth on Sat 27th October.

Dance South West's Ian Abbott says:

"When our dancers teamed up with PMZ's musicians last year, everyone was touched by the power of the resulting composition. It stretches the young people to work together, produces unique ideas under a tight deadline and brings them up to professional performance standards in a very short time. It's a hothouse, and it works brilliantly. I can't wait to see the results this year."

For more info or free tickets for the performance please contact Karl Meyer on 01752 213690.

-ENDS-

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